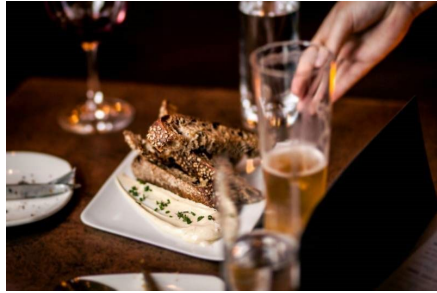


## AMELIA NATIONAL CLUBHOUSE REMINDERS

- \*\* Ala Carte Lunch is Served: Tuesday - Sunday (11:00 am - 3:00 pm). The Clubhouse and Golf Course is closed on Monday's.
- \*\* As a courtesy, men must remove hats/caps inside the Clubhouse.
- \*\* Shirt & Shoes are required to enter the Clubhouse; swimsuits are not permitted in the Clubhouse.
- \*\* Please refrain from using cellphones inside the Clubhouse.
- \*\* As a courtesy to all member(s) and guests(s), Parking in front of the Clubhouse is not allowed.

## NOVEMBER CALENDAR OF EVENTS



**Ala Carte Lunch Served:** 11:00 am - 3:00 pm

**(Cabana Service:** the cabana will be closed for service, if you are enjoying the pool and would like to order lunch, please call (904) 652-0660 ext. 2, the staff will be happy to take care of you.)

**Tuesday Night Dinner \* 5:30 pm - 8:00 pm \* RESERVATIONS ONLY**

November 2nd, 9th (**Birthday Night**), 16th, 23rd and 30th

**Wednesday Night Take Out \* Pick up: 5:00 pm - 7:00 pm**

3rd, 10th and 17th - November 24th (Thanksgiving TakeOut\*details to follow)

**Thursday, November 25th - Thanksgiving Buffet \* details to follow**

**Friday Night Dinner \* 5:30 pm - 8:00 pm \* RESERVATIONS ONLY**

5th, 12th and 19th (**NO DINNER - November 26th**)

\*\* To make dinner reservations or to place your Wednesday night take-out order, please go to: **[www.amelianationalgolf.com](http://www.amelianationalgolf.com)**

You will log-in with your username and password. If you need your website credentials please reach out to Treva and she can provide you with that information. Our online reservation system can accept a reservation with as little as one hour of advanced notice. This means at 6:30 pm you could make a 7:30 pm reservation.

**Questions contact: [DNewberry@icihomes.com](mailto:DNewberry@icihomes.com) or Call (904) 652-0660 ext. 2616**

# meet & greet

Join us for a much needed fun night out -  
See old friends and meet new ones!!

**Saturday, November 13th \* 5:30 pm - 8:30 pm**

Hors d'ouerves & Happy Hour Pricing \* \$15 ++ per person

\* To prepare adequately for space and hors d'ouerves \*

**RSVP** to [theath@icihomes.com](mailto:theath@icihomes.com) - **Deadline to RSVP:** Wednesday, November 10th



**SUNDAY, NOVEMBER 14th \* 1:00 PM - 4:00 PM**

Car Show: Clubhouse Parking Lot \* Craft Show: Inside the Clubhouse

**For questions on the Car Show contact: Susan Winn: [swinn1380@gmail.com](mailto:swinn1380@gmail.com)**

## GOLF EVENTS

### **LGA Play Days**

Tuesdays \* 2nd, 9th, 16th, 23rd & 30th

### **TaylorMade Fitting Day**

Wednesday 3rd \* 11:00 am – 3:00 pm

### **9-Hole Iron Ladies**

Wednesday's \* 3rd, 10th, 17th & 24th

### **Black Friday Sale**

Friday 26th in the Golf Shop

### **MGA Chairman's Cup**

Saturday 6th – Round 1

Saturday 13th – Round 2

### **PXG Fitting Day**

Saturday 13th \* 11:00 am – 3:00 pm

### **Saturday Morning - Straub Mixer**

Saturday's \* 20th & 27th

### **Skill Specific Clinic - Putting**

Saturday 20th \* 10:00 am - 11:00 am

**Call the Pro Shop to sign up (904) 652-0660 ext. 1**

## MONTHLY FITNESS CLASSES

### YOGA with LAUREN

**Monday** \* 1st, 8th (no yoga), 15th 22nd and 29th @ 8:30 am

**Wednesday** \* 3rd, 10th, 17th and 24th @ 8:30 am

**Friday** \* 5th, 12th, 19th @ 8:30 am

**For Questions or To Sign Up - Lauren Cell: (210) 259-6257**

## AQUAGYM with Stephanie

**Classes will resume in 2022; they are held on Tuesday, Thursday & Saturday's @ 8:30 am**

**To check on other classes held during the winter; email: [stephanie@newberry.com](mailto:stephanie@newberry.com)**

## **Excercise & Training Services with Patrick van de Watering**

\* Personal Training, Self Defense and Excercise Classes \*

**\* Personal Training: Monday - Friday, appointment based. Schedule your consultation session!\***

Personal training focuses on all major aspects of physical health such as strength, endurance, core stability, balance, flexibility, nutrition, and injury prevention.

Whether you want to become better at your sport, lose a few pounds, are dealing with pain or aches and/or just looking to stay healthy and fit and incorporate exercise within your lifestyle, Patrick will provide you with an individualized personal training plan tailored towards your specific goals and needs.

**\*\* Self Defense Class: Wednesday's: 3rd and 10th @ 5:30 pm (Clubhouse)**

**\*\* Excercise Classes with Patrick: Monday's: 1st, 8th, 15th, 22nd and 29th @ 9:00 am (Gym)**

**Friday's: 5th, 12th and 19th (no class on the 26th) @ 9:00 am (Gym)**

To set up training/classes with Patrick / **Email: [adapt.excel@gmail.com](mailto:adapt.excel@gmail.com) or call (904) 805-2133**

## **MONTHLY CLUB ACTIVITIES**

### CANASTA

**Tuesday's \* 2nd, 9th, 16th, 23rd and 30th / 1:00 pm @ Clubhouse**

**QUESTIONS OR TO SIGN UP - Email: Lynne Moore \* [iaam1704@gmail.com](mailto:iaam1704@gmail.com)**

### "EVENING BOOK CLUB"

Busy and can't attend the regular monthly afternoon Book Club - join the

#### **"After Hours Book Club"**

**Tuesday, November 2nd @ 6:00 pm (Clubhouse)**

**This month's book: "This Tender Land" by William Kent Krueger**

**Questions Contact: Amie Brunelle: [amieteresa@gmail.com](mailto:amieteresa@gmail.com) or**

**Jenna Sasanfar: [jcsasanfar@gmail.com](mailto:jcsasanfar@gmail.com)**

---

### **BRIDGE**

**Wednesday's** \* 3rd, 10th, 17th and 24th / 1:00 pm @ Clubhouse

**Questions contact** / Email: Karen Madden \* karenmadden@att.net

---

### **MEN'S BIBLE CLUB**

All men are cordially invited to attend -

**Wednesday's** \* 3rd, 10th, 17th and 24th

7:00 am in the Clubhouse Conference Room (Coffee is available)

#### **QUESTIONS OR TO SIGN UP -**

Contact: **Bob Parsons** (561-531-1599) or **Stephen Harmon** (225-721-0519)

---

### **MAHJONG**

**Thursday's** \* 4th, 11th and 18th @ Clubhouse

**Questions Contact** / Email: Susan Winn \* swinn1380@gmail.com

---

### **MONTHLY BOOK CLUB**

**Thursday** \* November 18th @ 4:00 pm at the Clubhouse

**"The Land Remembered" by Patrick Smith**

**Questions Contact** / Email: Susan Winn \* swinn1380@gmail.com

---

### **TRIVIA**

**Thursday, November 4th & 18th**

Trivia starts at 6:00 pm. Teams can only sign up to play on one evening, not both and tables cannot exceed (8) players per team, with a total of (10) teams per evening. Menu choices are to be placed the day before your scheduled trivia evening. **Please RSVP your team and date to:**

**[THeath@icihomes.com](mailto:THeath@icihomes.com)**

**TRUNK or TREAT \* Kid & Pet Halloween Costume Contest**

**Sunday, October 31st**

Pet Costume Contest \* 5:00 PM @ Clubhouse

Trunk or Treat \* 6:00 PM @ Clubhouse